

BEAUTY

104 Team WF's favourite treatments // 106 Double-duty gym heroes

THE GOOD OIL

There's an exciting new ingredient on the skincare scene: baobab oil. Derived from the seed of the baobab tree, the oil is packed with vitamins and essential fatty acids that help rejuvenate and renew cells for plumper skin. Get in on the trend with Terre d'Oc Natural Nourishing Day Face Cream, £26.95, terredoc.co.uk



STYLE NOTES

Smooth it over

Banish dry, scaly skin with Natural Revolution's exotic Mocha & Lime Body Polish. Made with black cocoa butter, coffee, coconut and lime, it helps slough away roughness for a soft-as finish.

• From £7, thenaturalrevolution.co.uk



WE LOVE THIS!



Beauty in a box

Dermalogica's Oily Skin Kit is a lifesaver for shiny skin. The oil-regulating formula balances out skin to see off excess shine, plus the mini bottles are great on the go.

• £25, dermalogica.com/uk

Wipe up wrinkles

Want to smile like you mean it without worrying about fine lines? Comfort Zone's Glorious Skin Serum can help. The wrinkle-blasting formula uses super-powered hexapeptides and wheat serum – key ingredients that will help to fill in any well-worn expression lines and restore your skin's youthful glow.

• £83.50, comfortzoneskincare.com

